

NATIVE PLANTS NURSERIES

San Bruno Mountain Watch's Mission Blue Nursery
<https://www.mountainwatch.org/missionbluenursery/>

Yerba Buena Nursery
12511 San Mateo Rd, Pastorino Farms, Half Moon Bay, CA Tel: 650-851-1668
www.yerbabuenanursery.com

East Bay Wilds
2777 Foothill Blvd, Oakland, CA 94601 Tel: 510-409-5858
<http://eastbaywilds.com/>

LOCAL PLANT SALES

CNPS-YB yearly plant sale in the fall every year
<http://cnps-yerbabuena.org/gardening/native-plant-sales/>

Native Plant Nursery at Strybring Arboretum/San Francisco Botanical Garden Golden Gate Park
Monthly plant sales always include local native plants
<https://www.sfbg.org/plant-sales>

Sutro Stewards
<https://www.sutrostewards.org/nursery>

Native Here Nursery - East Bay CNPS
101 Golf Course Drive, Berkeley CA 94708 In Tilden Park across from the Tilden Golf Course
<http://www.nativeherenursery.org>

NATIVE SEEDS AND BULBS

Larner Seeds
www.larnerseeds.com

Seedhunt
seedhunt.com

Theodore Payne Nursery
www.theodorepayne.org

Far West Bulb Farm
www.californianativebulbs.com



CHOOSE LOCAL NATIVE PLANTS

Native plants to grow

<https://www.calscape.org/>

<http://www.mynativeplants.com/site>

Native plants to eat (ethnobotany) - The Ohlone are San Francisco's native tribe

Daniel Moerman's Native American Ethnobotany is in book form, as well as a database

<http://naeb.brit.org/>

http://www.timberpress.com/books/native_american_ethnobotany/moerman/9780881924534

<http://bayareaforager.com/wp/>

http://www.timberpress.com/books/california_foraging/lowry/9781604694208

USDA James Duke Ethnobotanical Database

<https://phytochem.nal.usda.gov/phytochem/search>

Mushrooms' symbiosis with native plants

Mycological Society of San Francisco offers both guided field trips and lectures about mushrooms

<https://www.mssf.org/>

<https://www.mssf.org/fungus-fairs/index.html>

<https://www.penguinrandomhouse.com/books/197528/all-that-the-rain-promises-and-more-by-david-arora/9780898153880>

<https://www.penguinrandomhouse.com/books/197443/mushrooms-demystified-by-david-arora/9780898151695>

http://www.timberpress.com/books/california_mushrooms/desjardin/9781604693539

Native plants for butterflies

Butterfly babies eat different food from butterfly adults. Most butterfly babies use only one species of plant as their food. The Monarch butterfly and milkweed plants are a famous example of that baby food connection. Butterfly adults prefer flat daisy-like flowers as easy places to land and eat. Please celebrate when you see a leaf with holes in it. Chewed leaves are signs of baby insects are being happily fed.

<https://www.nwf.org/NativePlantFinder>

<https://xerces.org/pollinator-conservation/>

<https://www.thebutterflysite.com/california-butterflies.shtml>

Native plants for birds

Over 90% of birds eat insects, in addition to seeds. Baby birds only eat caterpillars.

<https://www.audubon.org/news/10-plants-bird-friendly-yard>

<https://www.laspilitas.com/bird.htm>

<https://www.audubon.org/native-plants>

Native plants for bees

California has 1500 species of native bees. Native bees are the best pollinators for not only local native plants, but also other North American plants, such as tomatoes and chili peppers.

<https://www.ucpress.edu/book/9780520272842/field-guide-to-the-common-bees-of-california>

<https://heydaybooks.com/book/california-bees-and-blooms/>

<http://www.helpabee.org/>